

Our dementia program is comprehensive approach based on the American Academy of Geriatric Physicians.

This state-of-the-art program includes...

Improved Cognition

- Comprehensive assessment by our speech therapist and development of an individualized plan-of-treatment to improve language and memory.
- Assessment of the environment by an occupational therapist to develop home modifications that will improve cognition.

Medication Management

- All medications reviewed by an RN and assessed for medication interactions
- Complimentary pill box to manage medication.
- Lab draws as needed to manage anti-dementia drugs.

Safety Assessment/Fall Prevention

- Comprehensive assessment by a physical therapist to improve balance and gait.
- Fall prevention training and monitoring

Management of Common Disease Processes that Contribute to and Exacerbate Dementia

- Difficulty sleeping
- Depression
- Dehydration
- Pain
- Cardiac problems
- Urinary tract infections
- Fecal impactions

Caregiver Education

- State-of-the-art tour of dementia allows caregivers to experience the effects of dementia first-hand.
- Assistance in selecting the appropriate needed community resources and support information.



Additional services offered by Pinnacle Senior Care...

- ✓ Bowel and bladder training for patients experiencing incontinence.
- ✓ Assessment and collaboration with patient's physician to manage anxiety and sleep disturbances.
- ✓ Dietary instructions and modifications for patients experiencing decreased appetite or difficulty swallowing.
- ✓ Medical social services for community resources which include dementia support groups for caregivers and loved ones.
- ✓ Lab work as ordered by a physician to monitor medication therapy.
- ✓ Home health aides to assist with daily activities such as bathing and dressing.

What can be done to improve the quality of life for patients living with dementia?

✓ Structure the environment

Research shows that dementia patients respond best to routine.

✓ Provide reality orientation

Place clocks, radios, and calendars in living space.

✓ Provide security

Lower voice volume, distract and redirect as needed.

✓ Control anxiety

Use low lights and soft music, as well as therapeutic touch and massage.

✓ Validation therapy

Do not argue with the patient. Use video and audio tapes to reorient patient if necessary.

✓ Provide activities

Art, music, and puzzles have all proven to slow progression and decrease anxiety.

✓ Provide for safety in the home

Our dementia trained experts can make recommendations for environment changes and safety monitoring equipment.